



VOLUME 3 ISSUE 3
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The Four-Way Test

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



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Front Page of the “The Oakmonitor” from Oakmont Regional High School.

Why March is the Worst Month of the Year

Stella Deschenes. Reporter

Christmas has just passed, and there’s still snow outside. January gives us snow days and a Martin Luther King Jr. long weekend. February flies by with a week off in the shortest month of the year, then there’s March. March has 31 long days that drag on. This is also the only month that has no days off of school.

I find myself the most unmotivated to accomplish my schoolwork during the third month of the year because of the odd transition. The long stretch between February and April break is always difficult for students and March is the largest chunk of that time. It is an awkward passing time of winter to spring with an unreliable forecast that changes daily.

March weather makes me dazed and confused. The back and forth is unbearable. One day it’s pouring rain and 30 degrees then the next it’s 60 and sunny. Not to mention the countless snowstorms we have been hit with in March, mother nature can never decide what it wants during March.

For example, on March 14th, 2024, it was 66 degrees outside with the sun beating, and on March 23rd New England was hit with a random snowstorm overnight with a combination of rain, wind, slush, snow, and hail throughout the rest of the day. Each day feels like an unpleasant surprise when it comes to the weather.

Additionally, on March 10th, 2024, we “sprung forward” and adjusted our clocks, and all of America lost an hour of sleep. The whole week after the time change sleep schedules get thrown off balance, the days become hazy and most people are exhausted.



February 3 and the Guardians were here! Bobby "D" and Jim Rosenhaus announced that as of 2/3/25 the Guardians were undefeated! Can you believe that?

They presented a nice history of the club and showed us what the new renovations for the stadium will look like for this year. Nice prizes were drawn for and we all had a great time.



On Feb 10, Donna Jenkins the head of "Hope Restored" told how her childhood of being bullied and later in life of being abused lead her to go to school and how she worked up to starting her faith based non-profit "Hope Restored." Presently they are doing counseling only and are working a safe house. Once that is working they will expand into an intervention program.



Feb 17th Renee Leber from Family Health Services reviewed with us the mission and vision of Family Health Services. She reviewed their approach to care in various areas such as Psychiatric Medication Management, Therapy, School based services, and Nutrition. Very well done and very much a needed service.



Feb 24th Julie d'Aliberti and Caitlyn Corrigan along with Deb Dietrick and Bob Laferty

Presented a short "Who are we and what do we do" program of the CLI. The CLI is a non-profit business committed to improving the quality of life of people with developmental disabilities, the people that support them, and the local communities in which we all live. Bob and Deb are people who have used CLI to help them in their lives.

Corned Beef and Cabbage Slow Cooker Recipe

Ingredients

3 to 4 lbs corned beef brisket, uncooked with spice pkg
1 onion
3 cloves garlic sliced
2 bay leaves
2 1/2 to 3 cups water
2 lbs potatoes peeled & quartered
2 large carrots chopped
1 small head green cabbage cut into wedges



Instructions

Chop onion into large chunks and place in the bottom of a 6 qt slow cooker. Top with corned beef and seasoning packet.

Pour water into slow cooker until it just about covers the corned beef. Add garlic and bay leaves.

Cook on low 8—to 10 hours.

After initial 3 hours, add potatoes and carrots to the slow cooker.

Two hours before serving, add cabbage wedges to the slow cooker.

Remove corned beef from slow cooker and let rest 15 min before slicing. Serve with potatoes, carrots and cabbage.

Notes

Up to 2 cups of water can be replaced with beer if desired. If no spice packet use couple tbsps. pickling spices, a few pepper corns and a bay leaf. Bundle in cheesecloth and add to slow cooker.

If using russet or baking potatoes, they should be peeled, if using thin skinned potatoes (red, Yukon gold) peeling is optional.

Once cooked corned beef should be tender. Appliances can vary, if your corned beef is not tender, it likely needs to cook longer.

It is essential to cut your corned beef across the grain.

enjoy

Funnies for Sure

Chocolate comes from cocoa, which is a tree. That makes it a plant so chocolate is a salad!

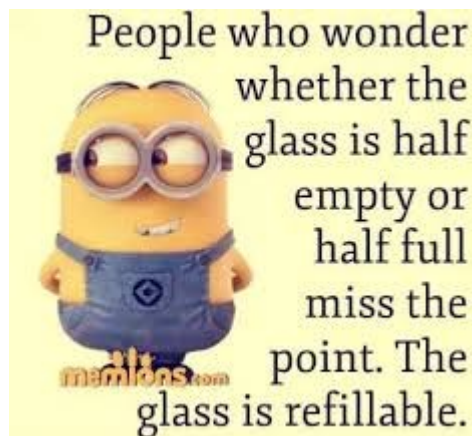


I'm Not really much of a Fighter, But I sure do develop Some mad Martial Arts skills all of a sudden anytime I see a Spider...

I always give 100% at work! 12% on Monday, 23% on a Tuesday, 40% on a Wednesday, 20% on a Thursday and only 5% on a Friday! Welcome back weekend!



I HAVE COME TO THE CONCLUSION THAT DRYER LINT IS THE CREMATED REMAINS OF ALL OF MY MISSING SOCKS.



4 LEVELS OF CRAZY:

1. Talks to self,
2. Argues with self,
3. Interrupts self while arguing with self,
4. No longer speaking to self.



“The Oakmonitor”

Although the 17th of March is the holiday of St. Patrick’s Day it still doesn’t make up for the downs of this month or give me something to look forward to. St. Patrick’s Day does not give any time off of school or work; not everyone celebrates, so it’s just another average day for those who don’t participate in the festive activities.

A redeeming quality that this month has in 2024 is Easter Sunday. To my surprise, Easter is March 31st. I had assumed that Easter would always roll around in early April but that is not the case this year. “Easter falls on the first Sunday after the full moon that follows the spring equinox” according to azcentral.com. The spring equinox falls on March 19th, the first full moon following is March 25th, and the next Sunday after that is the 31st, which makes Easter Sunday occur on the last day of March.

Although I am a fan of the holiday, we rarely celebrate Easter in March, so this does not change my mind about the month as a whole. Even though March is the month I prefer the least of all twelve I don’t let my negative perspective ruin these few weeks of the year. I think the key to getting through periods you don’t particularly enjoy is attempting to keep a positive attitude and before you know it it’s April!

Stella Deschenes is part of the class of 2027 at Oakmont Regional High School. {A public school located in Ashburnham Massachusetts.} This is her second year in *The Oakmontior*. Additionally, at Oakmont, she is a member of the SADD club and is an honors student. Outside of school she babysits and is on the Free Form Dance Academy’s competition team which takes up most of her time. In her free time, she enjoys listening to music, spending time with friends and family, reading and writing, watching TV, and all things Christmas. She is excited to learn more while being a part of *The Oakmonitor*.

